

Homert Laufserie 2011

- Gesamtwertung -

Rang	Name	Vorname	Verein/Ort	Klasse	Allendorf			Balve			Amecke			Mellen			Fretter			Auswertung				
					Platz	Zeit	Pkt.	Platz	Zeit	Pkt.	Platz	Zeit	Pkt.	Platz	Zeit	Pkt.	Platz	Zeit	Pkt.	Platz	Zeit	Pkt.	Teilnahme	1.
1	Kraus	Andre	LAC Veltins Hochsauerland	M35	1	0:37:54	12	2	00:41:22	10	2	00:57:52	10	1	00:38:30	12	1	00:42:08	12	10	12	12	12	46
2	Dally	Tim	Netphen	MHK	3	0:40:02	8	1	00:41:05	12	4	01:02:15	6	3	00:40:32	8	2	00:44:18	10	10	12	10	8	40
3	Laqua	Michael	RC Sorpese Tri Team	M45	2	0:38:58	10	0		0	1	00:56:53	12	2	00:39:10	10	0		0	6	12	10	10	38
4	Prause	Thomas	Marathon Club Menden	M30	5	0:41:59	4	3	00:42:45	8	3	01:02:01	8	0		0	0		0	6	8	8	4	26
5	Brüggemann	Matteo	LAC Veltins Hochsauerland	MHK	7	0:43:55	0	4	00:44:41	6	6	01:03:54	2	4	00:43:37	6	9	00:51:14	0	10	6	6	2	24
5	Doff	Franco	SSV Allendorf	M50	4	0:40:53	6	0		0	5	01:02:25	4	0		0	3	00:46:31	8	6	8	6	4	24
7	Kramer	Stefan	SC Fretter	M35	0		0	0		0	12	01:08:49	0	5	00:44:00	4	5	00:49:30	4	6	4	4	0	14
7	Midderhoff	Phil	SC Fretter	MHK	0		0	6	00:45:56	2	0		0	13	00:47:33	0	4	00:48:51	6	6	6	2	0	14
9	Rudewig	Michael	TSV Altena	M45	11	0:45:08	0	7	00:46:17	0	10	01:08:01	0	7	00:45:27	0	6	00:49:55	2	10	2	0	0	12
9	Schulte	Klaus		M45	10	0:44:50	0	8	00:46:20	0	9	01:07:27	0	6	00:44:40	2	8	00:50:15	0	10	2	0	0	12
11	Kleinichen	Markus	TV Neheim	M35	7	0:43:55	0	5	00:45:51	4	7	01:05:39	0	0		0	0		0	6	4	0	0	10
11	Wegener	Peter	LAC Veltins Hochsauerland	M40	9	0:44:07	0	9	00:46:33	0	17	01:10:52	0	11	00:47:10	0	10	00:51:33	0	10	0	0	0	10
11	Schwarberg	Jürgen	Stadtwerke Sundern	M45	14	0:47:36	0	10	00:48:26	0	13	01:09:46	0	10	00:46:49	0	7	00:50:04	0	10	0	0	0	10
11	Pavone	Klaus	SSV Allendorf	M45	16	0:49:29	0	17	00:52:32	0	16	01:10:40	0	15	00:48:09	0	11	00:52:41	0	10	0	0	0	10
11	Rademacher	Frank	Elektro Bongard	M40	17	0:49:40	0	14	00:51:19	0	20	01:13:18	0	19	00:51:56	0	17	00:56:22	0	10	0	0	0	10
11	Dunker	Wilhelm	Tauchclub Sorpese	M45	18	0:49:53	0	13	00:50:19	0	15	01:10:01	0	12	00:47:22	0	13	00:54:04	0	10	0	0	0	10
11	Hilber	Uli	SC Fretter	M60	24	0:51:59	0	28	00:54:35	0	29	01:20:21	0	22	00:52:43	0	24	00:59:40	0	10	0	0	0	10
11	Lau	Stephan	Marathon-Club Menden	M45	25	0:52:21	0	27	00:54:28	0	27	01:17:52	0	25	00:53:49	0	15	00:55:17	0	10	0	0	0	10
11	Nüßgen	René	Lauftruppe RMK	M35	33	1:00:27	0	34	01:03:16	0	36	01:46:48	0	31	01:07:39	0	27	01:14:48	0	10	0	0	0	10
11	Teutenberg	Wolfgang	LT Olsberg	M55	6	0:43:03	2	0		0	11	01:08:12	0	8	00:45:31	0	22	00:58:20	0	8	2	0	0	10
11	Nalbantis	Jörg	Turbo-Schnecken Lüdenscheid	M45	27	0:53:44	0	22	00:53:41	0	24	01:17:11	0	20	00:52:05	0	20	00:56:54	0	10	0	0	0	10
22	Wiebke	Lars	Riesei Blitz Werdohl	M35	19	0:50:23	0	15	00:51:53	0	26	01:17:26	0	18	00:50:12	0	0		0	8	0	0	0	8
22	Rauer	Reinhard	LG Neuenrade	M50	26	0:53:40	0	25	00:54:19	0	28	01:19:57	0	24	00:53:24	0	0		0	8	0	0	0	8
22	Klose	Volker	Imberg Runners Affeln	M60	30	0:54:09	0	26	00:54:25	0	31	01:21:51	0	23	00:53:16	0	0		0	8	0	0	0	8
22	Riecke	Volker	TUS Neuenrade	M50	15	0:48:33	0	12	00:50:03	0	19	01:12:15	0	0		0	16	00:55:20	0	8	0	0	0	8
22	Schumacher	Dieter	SuS Grün-Weiß Amecke	M55	21	0:51:11	0	19	00:53:02	0	25	01:17:13	0	0		0	18	00:56:38	0	8	0	0	0	8
22	Hill	Detlef	TEAM WIKINGER	M40	22	0:51:17	0	23	00:53:51	0	30	01:20:38	0	0		0	19	00:56:47	0	8	0	0	0	8
22	Bullert	Lothar	Tus Breckerfeld	M65	34	1:01:25	0	35	01:06:13	0	0		0	29	01:03:00	0	26	01:07:42	0	8	0	0	0	8
22	Meinecke	Adalbert	TUS Breckerfeld	M75	35	1:09:29	0	0		0	37	1:47:19	0	30	01:07:35	0	28	01:17:04	0	8	0	0	0	8
22	Sip	Björn	LG Neuenrade	M45	0		0	33	00:59:08	0	34	01:27:34	0	28	00:56:38	0	25	01:01:54	0	8	0	0	0	8
31	Reinersmann	Michael	Skiclub Sundern	M55	13	0:46:34	0	11	00:48:27	0	14	01:09:57	0	0		0	0		0	6	0	0	0	6
31	Mertens	Burkhard	Alte Herren Garbeck	M45	23	0:51:32	0	18	00:52:55	0	23	01:16:45	0	0		0	0		0	6	0	0	0	6
31	Halilovic	Edin	Bosnien	M55	31	0:55:46	0	31	00:58:02	0	33	01:23:38	0	0		0	0		0	6	0	0	0	6
31	Boelter	Lutz	TUS Neuenrade	M55	32	0:58:15	0	32	00:58:53	0	35	01:28:40	0	0		0	0		0	6	0	0	0	6
31	Ebe	Guido	TV Deilinghofen	M35	12	0:45:50	0	0		0	8	01:07:18	0	9	00:46:42	0	0		0	6	0	0	0	6
31	Besler	Karl-Heinz	TUS Breckerfeld	M60	20	0:50:36	0	21	00:53:34	0	0		0	16	00:48:44	0	0		0	6	0	0	0	6
31	Gräf	Jürgen	SSV Küntrop	M45	0		0	24	00:53:53	0	22	01:15:22	0	21	00:52:34	0	0		0	6	0	0	0	6
31	Arens	Michael		M50	0		0	29	00:55:42	0	32	01:23:02	0	27	00:55:15	0	0		0	6	0	0	0	6
31	Kleinschmidt	Karl	Marathon Soest	MJgdB	28	0:53:50	0	20	00:53:22	0	0		0	0		0	21	00:57:14	0	6	0	0	0	6
31	Berghoff	Egbert	GW Amecke	M55	29	0:54:06	0	30	00:56:55	0	0		0	0		0	23	00:59:10	0	6	0	0	0	6
31	Normann	Horst	SCSW Attendorn	M60	0		0	0		0	18	01:11:48	0	17	00:49:30	0	12	00:52:52	0	6	0	0	0	6
31	Gatesch	Martin	TuS Plettenberg	MJgdA	0		0	0		0	21	01:14:45	0	14	00:47:56	0	14	00:54:13	0	6	0	0	0	6
43	Schulte	Markus	Marathon Soest	M40	0		0	16	00:52:27	0	0		0	26	00:54:17	0	0		0	4	0	0	0	4
1	Hoff-Gerke	Carolina	SSV Allendorf	W35	1	0:47:42	12	1	00:48:38	12	1	01:10:52	12	0		0	0		0	6	12	12	12	42
2	Kleinschmidt	Gabi	Marathon Soest	W40	2	0:51:31	10	2	00:53:38	10	2	01:15:40	10	0		0	1	00:57:23	12	8	12	10	10	40
3	Görres	Julia	Praxis Brink/Lehmann	WJgdB	3	0:52:27	8	7	01:02:20	0	0		0	2	00:53:20	10	2	00:57:31	10	8	10	10	8	36
4	Baumeister	Melanie	Tauchclub Sorpese	W35	5	0:56:04	4	3	00:56:52	8	4	01:23:36	6	3	00:53:35	8	4	00:59:24	6	10	8	8	6	32
5	Wandmacher	Dorothee	LT Olsberg	W40	4	0:54:54	6	0		0	3	01:23:27	8	4	00:56:08	6	3	00:58:18	8	8	8	8	6	30
6	Geck	Martina	Regionalgruppe MK e.V.	W45	8	0:57:36	0	4	00:57:30	6	6	01:26:03	2	7	01:02:08	0	5	01:02:00	4	10	6	4	2	22
7	Lehmann	Petra		W45	0		0	8	01:02:22	0	8	01:27:36	0	1	00:53:01	12	8	01:08:17	0	8	12	0	0	20
8	Müller	Christa	Laufen in Balve	W50	6	0:56:37	2	6	00:59:48	2	9	01:27:43	0	5	00:58:03	4	0		0	8	4	2	2	16
9	Schwartzberg	Edith		W40	7	0:57:16	0	5	00:59:33	4	5	01:24:22	4	0		0	0		0	6	4	4	0	14
10	Koch-Steffen	Anja	RLV Lennetal e.V.	W40	9	0:59:01	0	9	01:03:36	0	7	01:26:38	0	9	01:13:11	0	6	01:04:38	2	10	2	0	0	12
11	Brandt	Nadine		W35	0		0	0		0	10	01:34:23	0	6	01:00:02	2	6	01:04:38	2	6	2	2	0	10
12	Rauer	Bettina	LG Neuenrade	W45	10	1:04:48	0	10	01:05:44	0	11	01:38:09	0	8	01:03:03	0	0		0	8	0	0	0	8